



OCEAN HOUSE  
WATCH HILL, RHODE ISLAND

# July 2024 / RESORT ACTIVITIES



OCEAN HOUSE COLLECTION



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## COMPLIMENTARY RESORT ACTIVITIES



OCEAN HOUSE COLLECTION

*Coffee & Pastries:* Every Mornings in the Bistro

### CULINARY & WINE

*Culinary Arts Classes:* Explore the culinary creations at Ocean House as you work hands-on with our culinary team in our Center for Wine & Culinary Arts.

*Sippin' with the Somms:* In the Center for Wine & Culinary Arts, our sommeliers will guide you through the basics of wine, tasting notes, and unique pairings with food, during a series of classes each week.

### THE ARTS

*Harpist:* Join us for light refreshments and harp music in the lobby.

*Screening Room:* Join us in our Screening Room for a movie classic!

*Guided History Tour of Ocean House:* Take a guided historic tour of the property. Please check in at the Living Room Fireplace and at the hostess stand.

*Sunday Bemelmans Tour:* Explore our Bemelmans Gallery, showcasing the largest collection of the artist's work in all of North America. Lisa Szaro, Ocean House Art Educator & Curator, will guide you through the gallery on an entertaining and informative tour lasting approximately 45 minutes.

*Self-Guided Art Tour of the Ocean House:* Take a guided audio tour around the hotel to learn about Ocean House's extensive art collection featuring Ludwig Bemelmans, Artwork by SEM, and various other art collections. The tour is approximately 60 minutes. Guides can be obtained at the front desk.

### OUTDOOR

*Fire Pit:* Join us at the Fire Pit in the Herb Garden. (Weather Dependent)

*Croquet:* Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts are not available on Monday and Tuesday. Class size is limited, please reserve your spot at the front desk.

### OCEAN & HARVEST SPA: WELLNESS

*Adult Swim:* Adult-only swim time daily from 7:00am-9:00am & 7:00pm-9:00pm in the pool.

*Mat Pilates:* Invigorating fusion of classic Pilates with floor work to strengthen and tone.

*Yoga:* From our classic fitness studio tidal yoga, to our beach yoga, or herbal yoga offerings, join us for an invigorating class- please see the following calendar for details on when each of the classes are held. Please check in at the Spa Front Desk for all yoga classes.

*Beach Yoga:* Sun on your face and toes in the sand! This relaxing yin flow yoga works with the tides to keep fitness in your vacation plans.

*Sea Creature Yoga:* For our younger guests 4-12 and their families, join us on the sand as crawl like crabs, flap like seagulls and wiggle like a starfish in this aquatic based adventure! Please check in at the beach towel station for directions 10 minutes prior, parent or guardian must remain at beach during class.

*Herbal Yoga:* Peaceful vinyasa breathing techniques in our tranquil herb garden is a perfect way to start your morning. Overlooking the water and surrounded by blooms, you'll forget the rush of the everyday world.

*Tidal Yoga:* Like the ocean everchanging-our skilled instructor tailors each session to exercise the mind, body, and spirit in this one-hour class, all levels welcomed! End your session with dynamic group breathing to mimic the heartbeat of the tides.

7/1	7/2	7/3	7/4	7/5	7/6	7/7
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Beach Yoga</b>
8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>
9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:15am <b>Herbal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Mat Pilates</b>
12:00pm <b>Screening Room:</b> <i>Toy Story 4 (G)</i>	11:00am - 11:40am <b>Bemelmans Gallery</b> <i>Tour with Lisa Szaro</i>	10:00am <b>Croquet Clinic</b>	12:00pm <b>Screening Room:</b> <i>Minions: The Rise of Gru (PG)</i>	10:00am <b>Croquet Clinic</b>	10:00am <b>Croquet Clinic</b>	10:00am <b>Croquet Clinic</b>
1:00pm <b>Culinary Arts Class:</b> <i>Mushroom Strudel</i>	12:00pm <b>Screening Room:</b> <i>Beetlejuice (PG)</i>	12:00pm <b>Coco (PG)</b>	1:00pm <b>Culinary Arts Class:</b> <i>From Chickpeas to Hummus</i>	12:00pm <b>Screening Room:</b> <i>Matilda (PG)</i>	12:00pm <b>Screening Room:</b> <i>Inside Out (PG)</i>	12:00pm <b>Screening Room:</b> <i>Secret Life of Pets (PG)</i>
2:30pm <b>Sippin' with the Somms:</b> <i>Dinenr Party Wines</i>	1:00pm <b>Culinary Arts Class:</b> <i>Vegetarian Canapes</i>	1:00pm <b>Culinary Arts Class:</b> <i>Build your own Strawberry Shortcake!</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Bubbles from Around the World</i>	1:00pm <b>Culinary Arts Class:</b> <i>Guacamole</i>	1:00pm <b>Culinary Arts Class:</b> <i>Gazpacho</i>	1:00pm <b>Culinary Arts Class:</b> <i>Shucking Oysters</i>
3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>	2:30pm <b>Sippin' with the Somms:</b> <i>They're Classics for a Reason!</i>	2:30pm <b>Sippin' with the Somms:</b> <i>European Treasures</i>	3:00pm <b>Guided History Tour of Ocean House</b>	2:00pm <b>Sea Creature Yoga</b>	2:30pm <b>Sippin' with the Somms:</b> <i>Beach Wines</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Life Through Rose Colored Glasses</i>
3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Screening Room:</b> <i>Transformers: Rise of the Beasts (PG-13)</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Great Wines You May Have Never Heard Of</i>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>
3:00pm <b>Screening Room:</b> <i>5 Blind Dates (PG-13)</i>	3:00pm <b>Screening Room:</b> <i>Arrival (PG-13)</i>	3:00pm <b>Screening Room:</b> <i>Cinderella (2021) (G)</i>	3:00pm <b>Screening Room:</b> <i>Transformers: Rise of the Beasts (PG-13)</i>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Screening Room:</b> <i>Wonka (PG)</i>	3:00pm <b>Guided History Tour of Ocean House</b>
5:00pm <b>SPECIAL EVENT</b> <b>Author Series:</b> <i>Jeanne McWilliams Blasberg (Reservations)</i>	6:00pm - 10:00pm <b>Fire Pit</b>	6:00pm - 10:00pm <b>Fire Pit</b>	6:00pm - 10:00pm <b>Fire Pit</b>	3:00pm <b>Screening Room:</b> <i>Men in Black (PG-13)</i>	6:00pm - 10:00pm <b>Fire Pit</b>	3:00pm <b>Screening Room:</b> <i>Mamma Mia! Here We Go Again (PG-13)</i>
6:00pm - 10:00pm <b>Fire Pit</b>		6:30pm <b>SPECIAL EVENT</b> <b>Mediterranean Market Night</b> <i>(Reservations)</i>	7:00pm <b>SPECIAL EVENT</b> <b>Family Beach Night:</b> <i>Pizza, Burgers &amp; A Movie - Wish (Reservations)</i>	3:30pm <b>Croquet Clinic</b>	7:00pm <b>SPECIAL EVENT</b> <b>Independence Day Beach Ball (Reservations)</b>	6:00pm - 10:00pm <b>Fire Pit</b>
		7:00pm <b>SPECIAL EVENT</b> <b>Spa Session Sound Bath</b> <i>(Reservations)</i>		3:30pm <b>SPECIAL EVENT</b> <b>In the Kitchen: Summer BBQ Favorites (Reservations)</b>		
				6:00pm - 10:00pm <b>Fire Pit</b>		
				7:00pm <b>SPECIAL EVENT</b> <b>Ocean &amp; Harvest Spa: Sound Bath (Reservations)</b>		

7/8	7/9	7/10	7/11	7/12	7/13	7/14
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Beach Yoga</b>
8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>
9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:15am <b>Herbal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Mat Pilates</b>
12:00pm <b>Screening Room:</b> <i>Toy Story 4 (G)</i>	11:00am - 11:40am <b>Bemelmans Gallery</b> <i>Tour with Lisa Szaro</i>	10:00am <b>Croquet Clinic</b>	12:00pm <b>Screening Room:</b> <i>Minions: The Rise of Gru (PG)</i>	10:00am <b>Croquet Clinic</b>	10:00am <b>Croquet Clinic</b>	10:00am <b>Croquet Clinic</b>
1:00pm <b>Culinary Arts Class:</b> <i>Mushroom Strudel</i>	12:00pm <b>Screening Room:</b> <i>Beetlejuice (PG)</i>	12:00pm <b>Coco (PG)</b>	1:00pm <b>Culinary Arts Class:</b> <i>From Chickpeas to Hummus</i>	12:00pm <b>Screening Room:</b> <i>Matilda (PG)</i>	12:00pm <b>Screening Room:</b> <i>Inside Out (PG)</i>	12:00pm <b>Screening Room:</b> <i>Secret Life of Pets (PG)</i>
2:30pm <b>Sippin' with the Somms:</b> <i>Dinenr Party Wines</i>	1:00pm <b>Culinary Arts Class:</b> <i>Vegetarian Canapes</i>	1:00pm <b>Culinary Arts Class:</b> <i>Build your own Strawberry Shortcake!</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Bubbles from Around the World</i>	1:00pm <b>Culinary Arts Class:</b> <i>Guacamole</i>	1:00pm <b>Culinary Arts Class:</b> <i>Gazpacho</i>	1:00pm <b>Culinary Arts Class:</b> <i>Shucking Oysters</i>
3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>	2:30pm <b>Sippin' with the Somms:</b> <i>They're Classics for a Reason!</i>	2:30pm <b>Sippin' with the Somms:</b> <i>European Treasures</i>	3:00pm <b>Guided History Tour of Ocean House</b>	2:00pm <b>Sea Creature Yoga</b>	2:30pm <b>Sippin' with the Somms:</b> <i>Beach Wines</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Life Through Rose Colored Glasses</i>
3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Screening Room:</b> <i>Transformers: Rise of the Beasts (PG-13)</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Great Wines You May Have Never Heard Of</i>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>
3:00pm <b>Screening Room:</b> <i>5 Blind Dates (PG-13)</i>	3:00pm <b>Screening Room:</b> <i>Arrival (PG-13)</i>	3:00pm <b>Screening Room:</b> <i>Cinderella (2021) (G)</i>	3:00pm <b>Screening Room:</b> <i>Transformers: Rise of the Beasts (PG-13)</i>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Screening Room:</b> <i>Wonka (PG)</i>	3:00pm <b>Guided History Tour of Ocean House</b>
5:00pm <b>SPECIAL EVENT</b> <b>Author Series:</b> <i>Kristy Woodson Harvey (Reservations)</i>	6:00pm - 10:00pm <b>Fire Pit</b>	6:00pm - 10:00pm <b>Fire Pit</b>	6:00pm - 10:00pm <b>Fire Pit</b>	3:00pm <b>Screening Room:</b> <i>Men in Black (PG-13)</i>	3:00pm <b>SPECIAL EVENT</b> <b>Vien to Wine: Summer Cocktails</b> <i>(Reservations)</i>	3:00pm <b>Screening Room:</b> <i>Mamma Mia! Here We Go Again (PG-13)</i>
6:00pm - 10:00pm <b>Fire Pit</b>		5:00pm <b>SPECIAL EVENT</b> <b>Author Series:</b> <i>Dawn Tripp (Reservations)</i>	5:30pm <b>SPECIAL EVENT</b> <b>Wine &amp; Wickets</b> <i>(Reservations)</i>	3:30pm <b>Croquet Clinic</b>	6:00pm - 10:00pm <b>Fire Pit</b>	6:00pm - 10:00pm <b>Fire Pit</b>
		5:00pm <b>SPECIAL EVENT</b> <b>Kids Night Out</b> <i>(Reservations)</i>	7:00pm <b>SPECIAL EVENT</b> <b>Family Beach Night:</b> <i>Pizza, Burgers &amp; A Movie - Little Mermaid (Reservations)</i>	3:30pm <b>SPECIAL EVENT</b> <b>In the Kitchen: Summer BBQ</b> <i>Favorties (Reservations)</i>	7:00pm <b>SPECIAL EVENT</b> <b>Independence Day Beach Ball</b> <i>(Reservations)</i>	
		6:30pm <b>SPECIAL EVENT</b> <b>Mediterranean Market Night</b> <i>(Reservations)</i>		6:00pm <b>SPECIAL EVENT</b> <b>Lobster Boil &amp; BBQ</b> <i>(Reservations)</i>		
		7:00pm <b>SPECIAL EVENT</b> <b>Spa Session Sound Bath</b> <i>(Reservations)</i>		6:00pm - 10:00pm <b>Fire Pit</b>		
				7:00pm <b>SPECIAL EVENT</b> <b>Ocean &amp; Harvest Spa:</b> <i>Sound Bath (Reservations)</i>		



7/15	7/16	7/17	7/18	7/19	7/20	7/21
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Beach Yoga</b>
8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>
9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:15am <b>Herbal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Mat Pilates</b>
12:00pm <b>Screening Room:</b> <i>Toy Story 4 (G)</i>	11:00am - 11:40am <b>Bemelmans Gallery</b> <i>Tour with Lisa Szaro</i>	10:00am <b>Croquet Clinic</b>	12:00pm <b>Screening Room:</b> <i>Minions: The Rise of Gru (PG)</i>	10:00am <b>Croquet Clinic</b>	10:00am <b>Croquet Clinic</b>	10:00am <b>Croquet Clinic</b>
1:00pm <b>Culinary Arts Class:</b> <i>Mushroom Strudel</i>	12:00pm <b>Screening Room:</b> <i>Beetlejuice (PG)</i>	12:00pm <b>Coco (PG)</b>	1:00pm <b>Culinary Arts Class:</b> <i>From Chickpeas to Hummus</i>	12:00pm <b>Screening Room:</b> <i>Matilda (PG)</i>	12:00pm <b>Screening Room:</b> <i>Inside Out (PG)</i>	12:00pm <b>Screening Room:</b> <i>Secret Life of Pets (PG)</i>
2:30pm <b>Sippin' with the Somms:</b> <i>Dinenr Party Wines</i>	1:00pm <b>Culinary Arts Class:</b> <i>Vegetarian Canapes</i>	1:00pm <b>Culinary Arts Class:</b> <i>Build your own Strawberry Shortcake!</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Bubbles from Around the World</i>	1:00pm <b>Culinary Arts Class:</b> <i>Guacamole</i>	1:00pm <b>Culinary Arts Class:</b> <i>Gazpacho</i>	1:00pm <b>Culinary Arts Class:</b> <i>Shucking Oysters</i>
3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>	2:30pm <b>Sippin' with the Somms:</b> <i>They're Classics for a Reason!</i>	2:30pm <b>Sippin' with the Somms:</b> <i>European Treasures</i>	3:00pm <b>Guided History Tour of Ocean House</b>	2:00pm <b>Sea Creature Yoga</b>	2:30pm <b>Sippin' with the Somms:</b> <i>Beach Wines</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Life Through Rose Colored Glasses</i>
3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Screening Room:</b> <i>Transformers: Rise of the Beasts (PG-13)</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Great Wines You May Have Never Heard Of</i>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>
3:00pm <b>Screening Room:</b> <i>5 Blind Dates (PG-13)</i>	3:00pm <b>Screening Room:</b> <i>Arrival (PG-13)</i>	3:00pm <b>Screening Room:</b> <i>Cinderella (2021) (G)</i>	3:00pm <b>Screening Room:</b> <i>Transformers: Rise of the Beasts (PG-13)</i>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Screening Room:</b> <i>Wonka (PG)</i>	3:00pm <b>Guided History Tour of Ocean House</b>
5:00pm <b>SPECIAL EVENT</b> <b>Author Series:</b> <i>Zibby Owens (Reservations)</i>	6:00pm - 10:00pm <b>Fire Pit</b>	5:00pm <b>SPECIAL EVENT</b> <b>Author Series:</b> <i>Beatriz Williams (Reservations)</i>	5:30pm <b>SPECIAL EVENT</b> <b>Wine &amp; Wickets</b> <i>(Reservations)</i>	3:00pm <b>Screening Room:</b> <i>Men in Black (PG-13)</i>	6:00pm - 10:00pm <b>Fire Pit</b>	3:00pm <b>Screening Room:</b> <i>Mamma Mia! Here We Go Again (PG-13)</i>
6:00pm - 10:00pm <b>Fire Pit</b>		5:00pm <b>SPECIAL EVENT</b> <b>Kids Night Out</b> <i>(Reservations)</i>	6:00pm - 10:00pm <b>Fire Pit</b>	3:30pm <b>Croquet Clinic</b>	3:30pm <b>SPECIAL EVENT</b> <b>Vien to Wine: Sancerre &amp; Sauvignon Blanc</b> <i>(Reservations)</i>	5:00pm <b>SPECIAL EVENT</b> <b>Kids Night Out</b> <i>(Reservations)</i>
		6:00pm - 10:00pm <b>Fire Pit</b>	7:00pm <b>SPECIAL EVENT</b> <b>Family Beach Night:</b> <i>Pizza, Burgers &amp; A Movie - Orion &amp; the Dark (Reservations)</i>	3:30pm <b>SPECIAL EVENT</b> <b>In the Kitchen: Summer BBQ</b> <i>Favorties (Reservations)</i>		6:00pm - 10:00pm <b>Fire Pit</b>
		6:30pm <b>SPECIAL EVENT</b> <b>Mediterranean Market Night</b> <i>(Reservations)</i>		6:00pm <b>SPECIAL EVENT</b> <b>Lobster Boil &amp; BBQ</b> <i>(Reservations)</i>		
		7:00pm <b>SPECIAL EVENT</b> <b>Spa Session Sound Bath</b> <i>(Reservations)</i>		6:00pm - 10:00pm <b>Fire Pit</b>		
				7:00pm <b>SPECIAL EVENT</b>		

7/22	7/23	7/24	7/25	7/26	7/27	7/28
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Mat Pilates</b>	8:00am <b>Beach Yoga</b>
8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>	8:00am - 10:30am <b>Coffee &amp; Pastries</b>
9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:15am <b>Herbal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Tidal Yoga</b>	9:00am <b>Mat Pilates</b>
12:00pm <b>Screening Room:</b> <i>Toy Story 4 (G)</i>	11:00am - 11:40am <b>Bemelmans Gallery</b> <i>Tour with Lisa Szaro</i>	10:00am <b>Croquet Clinic</b>	12:00pm <b>Screening Room:</b> <i>Minions: The Rise of Gru (PG)</i>	10:00am <b>Croquet Clinic</b>	10:00am <b>Croquet Clinic</b>	10:00am <b>Croquet Clinic</b>
1:00pm <b>Culinary Arts Class:</b> <i>Mushroom Strudel</i>	12:00pm <b>Screening Room:</b> <i>Beetlejuice (PG)</i>	12:00pm <b>Coco (PG)</b>	1:00pm <b>Culinary Arts Class:</b> <i>From Chickpeas to Hummus</i>	12:00pm <b>Screening Room:</b> <i>Matilda (PG)</i>	12:00pm <b>Screening Room:</b> <i>Inside Out (PG)</i>	12:00pm <b>Screening Room:</b> <i>Secret Life of Pets (PG)</i>
2:30pm <b>Sippin' with the Somms:</b> <i>Dinenr Party Wines</i>	1:00pm <b>Culinary Arts Class:</b> <i>Vegetarian Canapes</i>	1:00pm <b>Culinary Arts Class:</b> <i>Build your own Strawberry Shortcake!</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Bubbles from Around the World</i>	1:00pm <b>Culinary Arts Class:</b> <i>Guacamole</i>	1:00pm <b>Culinary Arts Class:</b> <i>Gazpacho</i>	1:00pm <b>Culinary Arts Class:</b> <i>Shucking Oysters</i>
3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>	2:30pm <b>Sippin' with the Somms:</b> <i>They're Classics for a Reason!</i>	2:30pm <b>Sippin' with the Somms:</b> <i>European Treasures</i>	3:00pm <b>Guided History Tour of Ocean House</b>	2:00pm <b>Sea Creature Yoga</b>	2:30pm <b>Sippin' with the Somms:</b> <i>Beach Wines</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Life Through Rose Colored Glasses</i>
3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Screening Room:</b> <i>Transformers: Rise of the Beasts (PG-13)</i>	2:30pm <b>Sippin' with the Somms:</b> <i>Great Wines You May Have Never Heard Of</i>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>
3:00pm <b>Screening Room:</b> <i>5 Blind Dates (PG-13)</i>	3:00pm <b>Screening Room:</b> <i>Arrival (PG-13)</i>	3:00pm <b>Screening Room:</b> <i>Cinderella (2021) (G)</i>	3:00pm <b>Screening Room:</b> <i>Transformers: Rise of the Beasts (PG-13)</i>	3:00pm <b>Guided History Tour of Ocean House</b>	3:00pm <b>Screening Room:</b> <i>Wonka (PG)</i>	3:00pm <b>Guided History Tour of Ocean House</b>
5:00pm <b>SPECIAL EVENT</b> <b>Author Series:</b> Allison Pataki (Reservations)	6:00pm - 10:00pm <b>Fire Pit</b>	6:00pm - 10:00pm <b>Fire Pit</b>	6:00pm - 10:00pm <b>Fire Pit</b>	3:00pm <b>Screening Room:</b> <i>Men in Black (PG-13)</i>	6:00pm - 10:00pm <b>Fire Pit</b>	3:00pm <b>Screening Room:</b> <i>Mamma Mia! Here We Go Again (PG-13)</i>
6:00pm - 10:00pm <b>Fire Pit</b>		5:00pm <b>SPECIAL EVENT</b> <b>Author Series:</b> Sarah Ferguson (Reservations)	5:30pm <b>SPECIAL EVENT</b> <b>Wine &amp; Wickets</b> (Reservations)	3:30pm <b>Croquet Clinic</b>	3:30pm <b>SPECIAL EVENT</b> <b>Vien to Wine:</b> <b>Burgundy</b> (Reservations)	5:00pm <b>SPECIAL EVENT</b> <b>Kids Night Out</b> (Reservations)
		5:00pm <b>SPECIAL EVENT</b> <b>Kids Night Out</b> (Reservations)	6:00pm - 10:00pm <b>Fire Pit</b>	3:30pm <b>SPECIAL EVENT</b> <b>In the Kitchen: Summer BBQ</b> Favorties (Reservations)		6:00pm - 10:00pm <b>Fire Pit</b>
		6:00pm - 10:00pm <b>Fire Pit</b>	7:00pm <b>SPECIAL EVENT</b> <b>Family Beach Night:</b> <i>Pizza, Burgers &amp; A Movie - Elemental</i> (Reservations)	6:00pm <b>SPECIAL EVENT</b> <b>Lobster Boil &amp; BBQ</b> (Reservations)		
		6:30pm <b>SPECIAL EVENT</b> <b>Mediterranean Market Night</b> (Reservations)		6:00pm - 10:00pm <b>Fire Pit</b>		
		7:00pm <b>SPECIAL EVENT</b> <b>Spa Session Sound Bath</b> (Reservations)		7:00pm <b>SPECIAL EVENT</b> <b>Ocean &amp; Harvest Spa:</b> <i>Sound Bath</i> (Reservations)		

7/29	7/30	7/31
<b>MONDAY</b> 8:00am <b>Mat Pilates</b>  8:00am - 10:30am <b>Coffee &amp; Pastries</b>  9:00am <b>Tidal Yoga</b>  12:00pm <b>Screening Room:</b> <i>Toy Story 4 (G)</i>  1:00pm <b>Culinary Arts Class:</b> <i>Mushroom Strudel</i>  2:30pm <b>Sippin' with the</b> <b>Somms: Dinenr Party</b> <i>Wines</i>  3:00pm <b>Harpist in the Lobby</b> <i>Music &amp; Refreshments</i>  3:00pm <b>Guided History Tour</b> <b>of Ocean House</b>  3:00pm <b>Screening Room:</b> <i>5 Blind Dates (PG-13)</i>  6:00pm - 10:00pm <b>Fire Pit</b>	<b>TUESDAY</b> 8:00am <b>Mat Pilates</b>  8:00am - 10:30am <b>Coffee &amp; Pastries</b>  9:00am <b>Tidal Yoga</b>  11:00am - 11:40am <b>Bemelmans Gallery</b> <i>Tour with Lisa Szaro</i>  12:00pm <b>Screening Room:</b> <i>Beetlejuice (PG)</i>  1:00pm <b>Culinary Arts Class:</b> <i>Vegetarian Canapes</i>  2:30pm <b>Sippin' with the</b> <b>Somms: They're Classics</b> <i>for a Reason!</i>  3:00pm <b>Guided History Tour</b> <b>of Ocean House</b>  3:00pm <b>Screening Room:</b> <i>Arrival (PG-13)</i>  6:00pm - 10:00pm <b>Fire Pit</b>	<b>WEDNESDAY</b> 8:00am <b>Mat Pilates</b>  8:00am - 10:30am <b>Coffee &amp; Pastries</b>  9:00am <b>Tidal Yoga</b>  10:00am <b>Croquet Clinic</b>  12:00pm <b>Coco (PG)</b>  1:00pm <b>Culinary Arts Class:</b> <i>Build your own Straw- berry Shortcake!</i>  2:30pm <b>Sippin' with the</b> <b>Somms: European</b> <i>Treasures</i>  3:00pm <b>Guided History Tour</b> <b>of Ocean House</b>  3:00pm <b>Screening Room:</b> <i>Cinderella (2021) (G)</i>  5:00pm <b>SPECIAL EVENT</b> <b>Kids Night Out</b> <i>(Reservations)</i>  6:00pm - 10:00pm <b>Fire Pit</b>  6:30pm <b>SPECIAL EVENT</b> <b>Mediterranean Market</b> <b>Night</b> <i>(Reservations)</i>  7:00pm <b>SPECIAL EVENT</b> <b>Spa Session Sound</b> <b>Bath</b> <i>(Reservations)</i>

## SPECIAL EVENTS THIS MONTH:

**Sunday Jazz Brunch** - On Sundays, Ocean House features its popular Sunday Champagne Jazz Brunch. Brunch at the Ocean House combines unlimited sparkling wine along with classic breakfast items and lunch fare, plus a variety of desserts. \$89/per person, reservations required.

### CULINARY & WINE

**Independence Day Beach Ball** - Celebrate the birth of our nation in style at Ocean House's Annual Independence Day Beach Ball, featuring an incredible menu, live music and dancing, with the Atlantic as the backdrop. Enjoy a traditional New England Lobster Boil, offers the best of fresh summertime seafood, inspired sides and innovative barbecue fare. Enjoy specialty cocktails, beer, and wine, all leading up to the evening's grand finale featuring a magnificent firework display over the ocean. \$260.00/per person, reservations required.

**From Vine to Wine: Summer Cocktails** - Spend a meaningful afternoon with our Wine Director learning about Summer Cocktails! \$95/per person, reservations required.

**From Vine to Wine: Sancerre & Sauvignon Blanc** - Join our Group Director of Wine for a master class, tasting the ultimate Sauvignon Blanc wine: Sancerre. Sancerre—most famously from the Loire Valley of France—is known for its flinty, savory profile. You will taste wines from France and other popular places for Sauvignon wines like New Zealand, Australia, Italy, Austria, and California. \$95/per person, reservations required.

**From Vine to Wine: Wines of Burgundy** - Spend a meaningful afternoon with our Wine Director for an exploration of excellent wines from the renowned Burgundy region of eastern France. \$150/per person, reservations required.

**In the Kitchen Series: Summer BBQ Favorites** - Join our culinary professionals in the Center for Wine & Culinary Arts for a fun and informative class on making a variety of crowd-pleasing BBQ dishes, perfect for your summer entertaining. You'll learn to make delicious sweet and sour garlic chicken wings, succulent baby back ribs, and a vibrant mango BBQ sauce. \$110.00/per person, reservations required.

**Mediterranean Market Night:** Join us down at Dune Cottage for a Mediterranean Coastal Night Market experience every Wednesday evening. Adults \$110/per person, Children 4-12, \$55/per person, reservations required.

**Family Beach Night:** Pizza, Burgers & a Movie - Enjoy a family-oriented dinner with pizza, burgers, and an outdoor movie experience. Adults \$65/per person, Children 4-12, \$35/per person, reservations required.

**Lobster Boil & BBQ:** Join us every Friday night for a lovely evening with a traditional New England Lobster Boil. Discover seafood from our local waters, classic grill items, and fresh sides. Enjoy great music from our steel band and celebrate this summer night with your family and friends. Adults \$165/per person, Children 4-12, \$68/per person, reservations required.

**Wine & Wickets:** Join us for a fun filled late afternoon for some wine and a wicket (croquet) session with our World Champion, Stephen Morgan! For this event, you will learn techniques, tips, and tricks on how to play croquet while also sipping on a diverse portfolio of wine that our Ocean House Beverage Team has to offer. \$110.00/per person, reservations required.

## SPECIAL EVENTS THIS MONTH CONTINUED:

**Kid's Night Out:** Children ages 5 and over will move, taste, and create while making new friends or spending time with old ones. The supervised evening begins with action activities like a relay race or obstacle course, followed by a fun and delicious dinner. The evening winds down with a quiet, creative activity to round out a great evening at Ocean House. \$60.00/per person, reservations required, a separate Ocean House dining reservation is required for adults.

### THE ARTS

**Painting En Plein Air - Russ Kramer** - Russ Kramer will be painting en plein air on Ocean House grounds between 10:00am-12:00pm and 2:00pm-4:00pm. Russ will share how he creates his stunning oil paintings of Ocean House surroundings and his other work. Finished paintings will be available for purchase.

**Painting En Plein Air Reception - Russ Kramer** - Enjoy a glass of wine and a reception at Ocean House on a beautiful Sunday evening to meet the artist. Earlier in the weekend, catch Russ Kramer in action as the sea air, sweeping views of the Atlantic and more than 150 years of history serve as inspiration for a work of art. Complimentary for hotel guests & club members.

**Painting En Plein Air - Jessica Shaffer** - Jessica Shaffer will be painting en plein air on Ocean House grounds between 10:00am-12:00pm and 2:00pm-4:00pm. Russ will share how she creates her stunning watercolor & oil paintings of Ocean House surroundings and her other work. Finished paintings will be available for purchase.

**Painting En Plein Air - Jonathan McPhillips** - Jonathan McPhillips will be painting en plein air on Ocean House grounds between 10:00am-12:00pm and 2:00pm-4:00pm. Russ will share how he creates his stunning oil paintings of Ocean House surroundings and his other work. Finished paintings will be available for purchase.

**Painting En Plein Air Reception - Jonathan McPhillips** - Enjoy a glass of wine and a reception at Ocean House on a beautiful Sunday evening to meet the artist. Earlier in the weekend, catch Russ Kramer in action as the sea air, sweeping views of the Atlantic and more than 150 years of history serve as inspiration for a work of art. Complimentary for hotel guests & club members.

**Author Series- Jeanne McWilliams Blasberg** - Join us as Ocean House owner and author, Deborah Goodrich Royce moderates a conversation with our featured author. This week, author Jeanne McWilliams Blasberg will be discussing (and signing) her latest novel: Daughter of a Promise. Refreshments will be served, including wine and light bites!

**Author Series- Kristy Woodson Harvey** - Join us as Ocean House owner and author, Deborah Goodrich Royce moderates a conversation with our featured author. This week, New York Times bestselling author Kristy Woodson Harvey will be discussing (and signing) her new novel, A Happier Life. Refreshments will be served, including wine and light bites!

**Author Series- Dawn Tripp** - Join us as Ocean House owner and author, Deborah Goodrich Royce moderates a conversation with a featured author. This week, bestselling author Dawn Tripp will be discussing (and signing) her new book, Jackie. Refreshments will be served, including wine and light bites!

**Author Series- Zibby Owens** - Join us as Ocean House owner and author, Deborah Goodrich Royce hosts a conversation with our featured author. This week, author, podcaster and "book-fluencer" Zibby Owens will be discussing (and signing) her newly published novel, Blank. Refreshments will be served, including wine and light bites!

**Author Series- Allison Pataki & Emily Franklin** - Join us as Ocean House owner and author, Deborah Goodrich Royce moderates a conversation with our featured authors. This week, New York Times bestselling authors Allison Pataki and Emily Franklin will be discussing (and signing) their books: Finding Margaret Fuller (Pataki) and The Lioness of Boston (Franklin). Refreshments will be served, including wine and light bites!

### OCEAN & HARVEST SPA: WELLNESS

**Spa Session Sound Bath:** A beautiful way to unwind from the week- a hot cup of tea, an invigorating eucalyptus steam, and then a sound bath session in our private lounge facing the ocean, where the aural tones send your cares drifting away. Ideal for a first-time experience as we explain and introduce the concepts of sound therapy, do guided breathing as a group, and then ease into the meditative practice of sound. \$65.00/per person on Wednesday's & \$95/per person on Friday's, reservations required.