0H! Spa Experiences

Perched high on the bluffs of Watch Hill, Rhode Island, with sweeping views of the Atlantic Ocean, the OH! Spa is the only Forbes Five-Star spa in Rhode Island, and among only 48 spas to achieve the Five-Star rating in the world. Our 12,000-square-foot destination spa offers the best of the Ocean and the Harvest in a collection of seasonal treatments and products. Rejuvenate where the rolling hills of beachside roses and lavender fields meet the New England coastline. Immerse yourself in personalized spa experiences that reflect nature's true elegance.

### **OH!** Spa Journey

2.5 hours

Allow your senses to be swept away during our signature Spa Journey. Begin your journey with our 90-minute Relaxation Massage with concentrated focus on the neck and shoulders. A soothing organic lavender balm is massaged onto the back, followed by a therapeutic full body massage. Next, experience the Ocean Custom Facial using powerful marine ingredients specifically chosen for your skin type for a clean, refreshed finish.

### **Coastal Escape**

#### 2 hours

4.5 hours

Brighten your skin and mood with this hydrating and nourishing combination. Fresh dried orange peel and rich Argan oil are blended for a full body exfoliation. This nurturing combination will leave your skin glowing and toned. Then relax and enjoy our one-hour Ocean Custom Facial leaving you feeling renewed and refreshed.

#### **Five-Star Experience**

Treat yourself to a true Five-Star spa day. Begin with an aromatic warm foot bath, followed by a refreshing body polish. Ease into a deep relaxation with our Lavender Dreams body wrap and massage, and finish with the Second Youth Facial. You will emerge in a peaceful state of mind and body, feeling fresh and energized.

#### Time Together Retreat

Escape to our couple's suite for a spa experience that will bring your bodies into balance and harmony. An invigorating sugar scrub with seasonal ingredients is followed by a soak of aromatherapy-infused bubbling water, nourishing the skin and uplifting your senses. A 90-minute Customized Massage leaves your skin softened, your mind relaxed and your soul refreshed.

#### Gentlemen's Getaway

2.5 hours

3 hours

A truly relaxing and therapeutic experience. Begin with a warm foot bath using aromatic waters. Next, enjoy a 90-minute Lavender Relief Massage, with special care to ensure muscle relaxation and comfort. A soothing organic lavender balm is massaged onto the back, followed by a therapeutic full-body massage. A nourishing Gentlemen's Facial follows using powerful marine-based ingredients.

## **OH!** Spa Experiences

| OH! Spa Journey       | 2.5 hours | \$400 |
|-----------------------|-----------|-------|
| Five-Star Experience  | 4.5 hours | \$675 |
| Coastal Escape        | 2 hours   | \$275 |
| Time Together Retreat | 3 hours   | \$850 |
| Gentleman's Getaway   | 2.5 hours | \$400 |

## MASSAGE

| 60/90 min. | \$195/\$275  |
|------------|--|
| 60/90 min. | \$175/\$250  |
| 60/90 min. | \$195/\$275  |
| 60/90 min. | \$175/\$250  |
| 60/90 min. | \$175/\$250  |
| 60/90 min. | \$390/\$550  |
| 60 min.    | \$195  |
|            | 60/90 min.<br>60/90 min.<br>60/90 min.<br>60/90 min. |

## Skin Care

FROM THE OCEAN

Second Youth Sea Facial Ocean Custom Facial Gentleman's Facial

### From the Harvest

Harvest Renewal Facial Nature Radiance Facial Renewing Peel Facial

| 60/90 min. | \$175/\$235 |
|------------|-------------|
| 60/90 min. | \$150/\$210 |
| 60/90 min. | \$150/\$210 |

60/90 min. \$150/\$210 60 min. \$150 60 min. \$235

# BODY TREATMENTS

### FROM THE OCEAN

| Detox Marine Mud Wrap              | 60 min.  | \$160 |
|------------------------------------|----------|-------|
| Ocean Experience                   | 90 min.  | \$300 |
| Toning Sea Glow                    | 45 min.  | \$125 |
|                                    |          |       |
| From the Harvest                   |          |       |
| Harvest Experience                 | 120 min. | \$400 |
| Harvest Body Polish                | 45 min.  | \$125 |
| Lavender Dreams                    | 90 min.  | \$275 |
|                                    |          |       |
| NAIL TREATMENTS                    |          |       |
| Ocean Manicure                     | 45 min.  | \$55  |
| Ocean Pedicure                     | 60 min.  | \$80  |
| OH! Spa Manicure                   | 60 min.  | \$85  |
| OH! Spa Pedicure                   | 75 min.  | \$95  |
| Gentleman's Manicure               | 30 min.  | \$45  |
| Gentleman's Pedicure               | 45 min.  | \$65  |
| Polish Change Hands                | 15 min.  | \$30  |
| Polish Change Feet                 | 30 min.  | \$40  |
| French Polish Upgrade              | Add      | \$20  |
| Shellac Polish Application Upgrade | Add      | \$25  |
| Shellac Polish Removal             | Add      | \$20  |

### WAX

Brow Shaping \$40 Under Arm \$35 Lip or Chin \$25