Body Treatments

FROM THE OCEAN

Detox Marine Mud Wrap 60 minutes

Experience the essence of the ocean during this therapeutic yet relaxing body treatment. This treatment improves circulation and detoxifies the body while restoring vitality and tone to the skin. Begin with a full-body dry exfoliation followed by a warming marine mud body wrap. After a calming wrap, a rinse in the shower is followed by a gentle application of organic lotion will complete the experience. This treatment is ideal for those who want a beautiful, healthy complexion from head-to-toe.

Ocean Experience 90 minutes

Deeply relaxing and re-energizing, this multisensory experience offers fatigue and stress relief for the body and soul. Powerful aromatic marine ingredients are used in this full-body exfoliation of sea salt crystals soaked in rich sea minerals and extracts followed by a full hour massage with oils developed to strengthen the skin.

Toning Sea Glow 45 minutes

Rich in marine salts, this toning scrub eliminates dead skin cells, delivering the minerals and trace elements essential for healthy skin. Skin is left feeling infinitely soft, toned and dewy. This revitalizing treatment is a wonderful part of any spa day.

FROM THE HARVEST

Harvest Experience 120 minutes

Create a feeling of relaxing renewal for the mind and body during this healing experience. Uplifting aromas of fresh, seasonal ingredients are blended with rich oils and exfoliating sugars for a skin nourishing body scrub. After the body is rinsed, a relaxing 90-minute massage with a blend of rich aromatic oils complete this renewing experience.

Lavender Dreams 90 minutes

Our Lavender Dreams treatment was developed to bring you to a place of pure serenity. Beginning with a gentle dry body exfoliation, a warm lavender body butter is then gently applied to the body and wrapped into a warm cocoon while a gentle scalp or foot massage is performed. A relaxing massage with lavender infused oils follows for an experience relaxing your body and mind.

Harvest Body Polish 45 minutes

Rich, warming and brightening, this treatment will leave your skin soft and glowing. With aromatic seasonal ingredients, hydrating oils and butters blended with exfoliating sugars, this powerful blend is applied as a full body polish for skin renewal and well-being.

| OH! Spa Experiences | | | BODY TREATMENTS | | |
|---|------------|-------------|------------------------------------|----------|--------|
| OH! Spa Journey | 2.5 hours | \$400 | FROM THE OCEAN | | |
| Five-Star Experience | 4.5 hours | \$675 | Detox Marine Mud Wrap | 60 min. | \$160 |
| Coastal Escape | 2 hours | \$275 | Ocean Experience | 90 min. | \$300 |
| Time Together Retreat | 3 hours | \$850 | Toning Sea Glow | 45 min. | \$125 |
| Gentleman's Getaway | 2.5 hours | \$400 | | | |
| , | Ü | | From the Harvest | | |
| MASSAGE | | | Harvest Experience | 120 min. | \$400 |
| Your Way Custom Massage | 60/90 min. | \$195/\$275 | Harvest Body Polish | 45 min. | \$125 |
| , 6 | 60/90 min. | \$175/\$250 | Lavender Dreams | 90 min. | \$275 |
| Aromatherapy Massage Muscle Ease Massage | 60/90 min. | \$195/\$275 | | | |
| · · | 60/90 min. | \$175/\$250 | NAIL TREATMENTS | | |
| Lavender Relief Massage | 60/90 min. | \$175/\$250 | Ocean Manicure | 45 min. | \$55 |
| Beach Stone Massage | 60/90 min. | \$390/\$550 | Ocean Pedicure | 60 min. | \$80 |
| Couples Massage | 60 min. | \$195 | OH! Spa Manicure | 60 min. | \$85 |
| Mother-to-Be Massage | oo mii. | 4190 | OH! Spa Pedicure | 75 min. | \$95 |
| | | | Gentleman's Manicure | 30 min. | \$45 |
| SKIN CARE | | | Gentleman's Pedicure | 45 min. | \$65 |
| FROM THE OCEAN | | | Polish Change Hands | 15 min. | \$30 |
| Second Youth Sea Facial | 60/90 min. | \$175/\$235 | Polish Change Feet | 30 min. | \$40 |
| Ocean Custom Facial | 60/90 min. | \$150/\$210 | French Polish Upgrade | • | d \$20 |
| Gentleman's Facial | 60/90 min. | \$150/\$210 | Shellac Polish Application Upgrade | | d \$25 |
| | | | Shellac Polish Removal | | d \$20 |
| From the Harvest | | | | 110 | . 420 |
| Harvest Renewal Facial | 60/90 min. | \$150/\$210 | Wax | | |
| Nature Radiance Facial | 60 min. | \$150 | | | |
| Renewing Peel Facial | 60 min. | \$235 | Brow Shaping \$40 | | |
| | | | Under Arm \$35 | | |
| | | | Lip or Chin \$25 | | |