Resert Activities

September 1-2, 2017

SUN	MON	TUE	WED	тни	FRI	SAT
					 8 a.mCardio Sculpt 1 I1 a.m Wine &Culinary Arts Class: "Huevos Rancheros" I2 p.m Movie Screening, <i>The Mighty Ducks 2</i> 2 p.m Guided Tour of the Ocean House 3 p.m Afternoon Tea 3.00 p.m Wine &Culinary Arts Class: "Scratch Clam Chowder" 4 p.m Movie Screening, <i>Pride</i> 4 p.m Novie Screening, <i>Pride</i> 4 p.m Novie Screening, <i>Pride</i> 3.00 p.m Wine & Culinary Arts Class: "Cocktail Class" 5 p.m Movie Screening, <i>Pride</i> 5 p.m Wine & Culinary Arts Class: "Cocktail Class" 5 p.m Movie Screening, <i>Pride</i> 5 p.m M	2 8 a.m Tai Chi 9:30 a.m Cardio Sculpt 11 a.m.—Croquet Clinic 12 p.m Movie Screening, <i>The Mighty Ducks 3</i> 2 p.m Guided Tour of the Ocean House 3 p.m Afternoon Refreshments 3:00 p.m Wine & Culinary Arts Class: "Cheeses of New England" 3-5 p.m Afternoon Tea 4 p.m Movie Screening, <i>Race</i> 4:30 p.m Wine & Culinary Arts Class: "Off The Beaten frack Wines" 6:30-11 p.m Pianist, Al Copley Sandcastles - 9:00am - 1:00pm Dandy - 11:00, 2:00 pm, and 5:00 pm. Special Event: 6 p.m. Lobster Boil & BBQ

September 1-2, 2017

Activity Descriptions

FARM + VINE

How to Make a Mean Martini: Learn how to make classic cocktails with our Club Room Bartenders. Located in our Club Room.

Wine & Culinary Arts Classes with OH Sommelier & Food Forager – Explore and taste wines or create seasonal dishes with our expert Sommelier or Food Forager.

Spirits 101 – Enjoy an educational experience in our Club Room as our Bartenders discuss the origins and uses of a particular spirit.

Jazz Brunch–Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of buffet items. The Greg Piccolo Trio performs in the hotel lobby. *\$62.00/ adult; \$25.00/ child (plus tax and gratuity)*

Special Event: Cabaret on the Lawn: Michael Dutra & The Rat Pack – Send summer off in style, with our signature event that features beloved Frank Sinatra and Rat Pack classics all while savoring a buffet menu under the stars. *\$100/guest, plus tax & gratuity. Reservations Required.*

Special Event: Lobster Boil & BBQ – Held on the Beach and Dune Cottage, enjoy lobster and classic barbeque fare beginning at 6 p.m. *\$110/adult, \$55/child, plus tax & gratuity. Reservations Required.*

Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *\$24/Afternoon Tea, \$38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in our Bistro Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager, Mark Szaro. Please check in with the front desk.

Pianist: Pianist Al Copley performs in the lobby.

Movie Screenings: Join us in our Screening Room for a movie classic with complimentary popcorn! Children under the age of 15 must be accompanied by an adult.

Croquet: Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts not available on Monday and Tuesday.

Cruises: Enjoy two-hour cruises on our classic boats. Cruises depart Wednesday-Sunday at 11 a.m., 2 p.m., 5:00 p.m. *Day cruise \$400; Sunset cruise \$500 (plus 18% gratuity). Contact your Guest Relations Manager for availability and reservations.* *Additional boats *available upon request.*

Special Event: Artist in Residence Welcome Reception – Meet a local artist to Ocean House with a welcome reception held in their honor. **Adult Swim:** Adult-only swim time daily from 8-10am and 4-6pm in the pool.

Children's Swim: Children's swim time is daily from 10-4pm and after 6pm.

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Healthy Heart: A 50 minute circuit of resistance training and interval-based cardio followed by a yoga stretch series.

Virtual Rise & Shine Yoga: Strength-focused, challenging workout with only the calm that only yoga delivers.

Virtual Fusion Yoga: 35 minute fusion of yoga and pilates.

Virtual Zumba: *Zumba* combines high energy and motivating music with unique moves and combinations that allows *Zumba* participants to dance away their worries.

Virtual Total Body Burn: Get your heart rate going with this definition workout.

Family Fitness: Enjoy working out as a family with our instructor Beth.

Family Beach Walk: Enjoy an early morning walk along the beach to get exercise and to see what is along shoreline.

Resort Actinities

September 3-9, 2017

SUN	MON	TUE	WED	тни	FRI	SAT
8 a.m Tai Chi 3 8 a.m 2:30 p.m Sunday Jazz Brunch 3 8:30 a.m Catholic Mass at Watch Hill Chapel 3 9:30 a.m Yoga with Chrissy 3 10:30 a.m Union Mass at Watch Hill Chapel 3 11 a.mCroquet Clinic 1 12 p.m Movie Screening, Cars 3 2 p.m Guided Tour of the Ocean House 3 3 p.m Afternoon Refreshments 1 3-5 p.m Afternoon Tea 4 4.30 p.m Wine & Culinary Arts Class: "Wines of California" 1 6:30-11 p.m Pianist, Al Copley 4 Sandcastles - 9:00am and 5:00 pm 2:00 pm, and 5:00 pm Special Event: 10 a.m. Watercolor Sketch Workshop 3	4 8:00 a.m Family Fitness with Beth 12 p.m Movie Screening, Secretariat 2 p.m Guided Tour of the Ocean House 3 p.m Afternoon Refreshments 4 p.m Movie Screening, The Rookie 4 p.m VT Heart Healthy 4:30 p.m Wine & Culinary Arts Class: "Cocktail Class"	<text></text>	6 9 a.m. – VT Rise & Shine Yoga 11 a.m.—Croquet Clinic 12 p.m. – Movie Screening, <i>Hoosiers</i> 3 p.m. – Afternoon Refreshments 4 p.m. – Movie Screening, <i>Macfarland</i> <i>USA</i> 4 p.m. – VT Heart Healthy 4 p.m. – How to Make a Mean Martini 4:30 p.m. –Wine & Culinary Arts Class: "Cocktail Class" Dandy – 11:00, 2:00 pm, and 5:00 pm Special Event: 6 p.m. Farm + Vine Dinner Featuring Jason Bangerter from Langdon Hall Country House Hotel & Spa	 7 8:30 a.m. – Yoga with Jennifer 10 a.m. – Croquet Clinic 11 a.m. – Wine & Culinary Arts Class: "Quiche Lorraine" 12 p.m. – Movie Screening, <i>The Mighty Ducks</i> 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Wine & Culinary Arts Class: "Local Cordials" 3 p.m. – Afternoon Refreshments 4 p.m. – Movie Screening, <i>Bend it Like Backman</i> 4 p.m. – VT Zumba 4:30 p.m. – Wine & Culinary Arts Class: Local Wines Dandy – 11:00, 2:00 pm, and 5:00 pm 	8 8 a.mCardio Sculpt 10 a.m.—Croquet Clinic 11 a.m Wine &Culinary Arts Class: "Huevos Rancheros" 12 p.m Movie Screening, <i>The Mighty Ducks</i> 2 2 p.m Guided Tour of the Ocean House 3 p.m Afternoon Refreshments 3-5 p.m Afternoon Tea 3:00 p.m Wine &Culinary Arts Class: "Scratch Clam Chowder" 4 p.m Movie Screening, <i>Pride</i> 4 p.m VT Fusion Yoga 4 p.m Spirits 101 4 p.m Movie Screening, <i>Pride</i> 4.30 p.m Wine & Culinary Arts Class: "Cocktail Class"	9 8 a.m. – Tai Chi 9:30 a.m. – Cardio Sculpt 11 a.m.—Croquet Clinic 12 p.m. – Movie Screening, <i>The Mighty Ducks 3</i> 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Afternoon Refreshments 3-5 p.m. – Afternoon Tea 4 p.m. – Movie Screening, <i>Race</i> 4:30 p.m. – Wine & Culinary Arts Class: "Off The Beaten Track Wines" 6:30-11 p.m. – Pianist, Al Copley Sandcastles – 9:00am – 1:00pm Dandy – 11:00, 2:00 pm, and 5:00 pm Special Event: 1:00pm In The Kitchen: Canning & Jarring Special Event: 5.p.m. Artist in Residence Welcome Reception

Activity Descriptions

September 3-9, 2017

Farm + Vine

How to Make a Mean Martini: Learn how to make classic cocktails with our Club Room Bartenders. Located in our Club Room.

Wine & Culinary Arts Classes with OH Sommelier & Food Forager – Explore and taste wines or create seasonal dishes with our expert Sommelier or Food Forager.

Spirits 101 – Enjoy an educational experience in our Club Room as our Bartenders discuss the origins and uses of a particular spirit.

Jazz Brunch–Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of buffet items. The Greg Piccolo Trio performs in the hotel lobby. *\$62.00/ adult; \$25.00/ child (plus tax and gratuity)*

Special Event: Watercolor Sketch Workshop – Jeanne Potter, Resident Curator & Director of Art Education, leads a two-day watercolor sketch workshop on Saturday, September 2nd and Sunday, September 3rd. Participants should meet at the front desk at 9 a.m. Workshop fee is \$195 plus tax, and the fee includes paints, brush, watercolor sketchbook, pencil & eraser.

Special Event: Farm & Vine Dinner: Jason Bangerter from Langdon Hall Country House Hotel & Spa – Guest chef, Jason Bangerter, will join us for a reception in the Center for Wine & Culinary Arts and then a specially-crafted dinner in COAST. \$95 per guest, plus tax & gratuity.

Special Event: In The Kitchen: Canning & Jarring – Savor summer's produce by learning how to can & jar produce with our Food Forager & Director of Culinary Education. *\$75 per guest, plus tax.*

Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *\$24/Afternoon Tea, \$38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in our Bistro Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager, Mark Szaro. Please check in with the front desk.

Pianist: Pianist Al Copley performs in the lobby.

Movie Screenings: Join us in our Screening Room for a movie classic with complimentary popcorn! Children under the age of 15 must be accompanied by an adult.

Croquet: Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts not available on Monday and Tuesday.

Cruises: Enjoy two-hour cruises on our classic boats. Cruises depart Wednesday-Sunday at 12 p.m., 3 p.m., 6:30 p.m. *Day cruise* \$400; *Sunset cruise* \$500 (*plus 18%* gratuity). *Contact your Guest Relations Manager for* availability and reservations. *Additional boats available upon request.

Special Event: Artist in Residence Welcome Reception – Meet a local artist to Ocean House with a welcome reception held in their honor.

Adult S	Swim:	A <mark>dult-onl</mark> y	y swim ti	me daily	from 8-1	10am

Spa

Children's Swim: Children's swim time is daily from 10-4pm and after 6pm.

and 4-6pm in the pool.

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Healthy Heart: A 50 minute circuit of resistance training and interval-based cardio followed by a yoga stretch series.

Virtual Rise & Shine Yoga: Strength-focused, challenging workout with only the calm that only yoga delivers.

Virtual Fusion Yoga: 35 minute fusion of yoga and pilates.

Virtual Zumba: Zumba combines high energy and motivating music with unique moves and combinations that allows Zumba participants to dance away their worries.

Virtual Total Body Burn: Get your heart rate going with this definition workout.

Family Fitness: Enjoy working out as a family with our instructor Beth.

Family Beach Walk: Enjoy an early morning walk along the beach to get exercise and to see what is along shoreline.

Resort Actinities

September 10-16, 2017

SUN	MON	TUE	WED	тни	FRI	SAT
8 a.m. – Tai Chi 10	11	12	13	14	8 a.m. –Cardio Sculpt 15	8 a.m. – Tai Chi 16
8 a.m 2:30 p.m. – Sunday Jazz Brunch	8:00 a.m. – Family Fitness with Beth	8:30 a.m. – VT Fusion Yoga	9 a.m. – VT Rise & Shine Yoga	8:30 a.m. – Yoga with Jennifer	10 a.m.—Croquet Clinic	9:30 a.m. – Cardio Sculpt
Jazz Brunch 9:30 a.m. –Yoga with Chrissy 11 a.m.—Croquet Clinic 12 p.m. – Movie Screening, Cars 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Afternoon Refreshments 3-5 p.m. – Afternoon Tea 4 p.m. – Movie Screening, <i>The Love Bug</i> 4:30 p.m. – Wine & Culinary Arts Class: "Wines of California" 6:30-11 p.m. – Pianist, Al Copley Sandcastles – 9:00am – 1:00pm Dandy – 11:00, 2:00 pm, and 5:00 pm Special Event: 2:00pm Ocean House Beach Polo Classic	 Priness with Beth 12 p.m. – Movie Screening, Secretariat 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Afternoon Refreshments 4 p.m. – Movie Screening, The Rookie 4 p.m. – VT Heart Healthy 4:30 p.m. – Wine & Culinary Arts Class: "Cocktail Class" 	 Pusion Yoga 12 p.m. – Movie Screening, The Greatest Game Ever Played 4 p.m. – VT Total Body Burn 3 p.m. – Afternoon Refreshments 3 p.m. – Wine & Culinary Arts Class: "Knife Care & Sharpening Class" 4 p.m. – VT Total Body Burn 4 p.m. – Movie Screening, Chariots of Fire 4:30 p.m. –Wine & Culinary Arts Class: "Wines of the New World" 	 Snine Yoga 11 a.m.—Croquet Clinic 12 p.m. – Movie Screening, <i>Hoosiers</i> 3 p.m. – Afternoon Refreshments 4 p.m. – VT Heart Healthy 4 p.m. – Movie Screening, <i>Macfarland</i> <i>USA</i> 4 p.m. –How to Make a Mean Martini 4:30 p.m. –Wine & Culinary Arts Class: "Cocktail Class" Dandy – 11:00, 2:00 pm, and 5:00 pm 	 Jennifer 10 a.m.—Croquet Clinic 11 a.m. – Wine & Culinary Arts Class: "Quiche Lorraine" 12 p.m. – Movie Screening, <i>The Mighty</i> <i>Ducks</i> 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Wine & Culinary Arts Class: "Local Cordials" 3 p.m. – Afternoon Refreshments 4 p.m. – Movie Screening, <i>Bend it Like</i> <i>Backman</i> 4 p.m. – VT Zumba 4:30 p.m. – Wine & Culinary Arts Class: Local Wines Dandy – 11:00, 2:00 pm, and 5:00 pm 	 11 a.m. – Wine &Culinary Arts Class: "Huevos Rancheros" 12 p.m. – Movie Screening, <i>The Mighty Ducks 2</i> 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Afternoon Refreshments 3-5 p.m. – Afternoon Tea 3:00 p.m. – Wine &Culinary Arts Class: "Scratch Clam Chowder" 4 p.m. – Movie Screening, <i>Pride</i> 4 p.m. – VT Fusion Yoga 4 p.m. – Spirits 101 4 p.m. – Movie Screening, <i>Pride</i> 4.30 p.m. – Wine & Culinary Arts Class: "Cocktail Class:" Dandy – 11:00, 2:00 pm, and 5:00 pm Special Event: 6 p.m. Vine + Wine: Napa Wines 	 11 a.m.—Croquet Clinic 12 p.m Movie Screening, The Mighty Ducks 3 2 p.m Guided Tour of the Ocean House 3 p.m Afternoon Refreshments 3:00 p.m Wine & Culinary Arts Class: "Cheeses of New England" 3-5 p.m Afternoon Tea 4 p.m Movie Screening, Race 4:30 p.m Wine & Culinary Arts Class: "Off The Beaten Track Wines" 6:30-11 p.m Pianist, Al Copley Sandcastles - 9:00am - 1:00pm Dandy - 11:00, 2:00 pm, and 5:00 pm Special Event: 11 a.m. Vine + Wine: Napa Wines Special Event: 5.p.m. Artist in Residence Welcome Reception

Activity Descriptions

Farm + Vine

How to Make a Mean Martini: Learn how to make classic cocktails with our Club Room Bartenders. Located in our Club Room.

Wine & Culinary Arts Classes with OH Sommelier & Food Forager – Explore and taste wines or create seasonal dishes with our expert Sommelier or Food Forager.

Spirits 101 – Enjoy an educational experience in our Club Room as our Bartenders discuss the origins and uses of a particular spirit.

Jazz Brunch–Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of buffet items. The Greg Piccolo Trio performs in the hotel lobby. *\$62.00/ adult; \$25.00/ child (plus tax and gratuity)*

Special Event: Ocean House Beach Polo Classic – In its inaugural year, Harvard and Yale Polo Teams will face off on Ocean House's beach for the first time ever. Gates open at 2pm, polo match begins at 3pm and awards ceremony at 4pm. *Tickets are non-refundable and are all inclusive. \$125/guest.*

Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *\$24/Afternoon Tea, \$38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in our Bistro Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager, Mark Szaro. Please check in with the front desk.

Pianist: Pianist Al Copley performs in the lobby.

Movie Screenings: Join us in our Screening Room for a movie classic with complimentary popcorn! Children under the age of 15 must be accompanied by an adult.

Croquet: Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts not available on Monday and Tuesday.

Cruises: Enjoy two-hour cruises on our classic boats. Cruises depart Wednesday-Sunday at 11 a.m., 2 p.m., 5:00 p.m. Day cruise \$400; Sunset cruise \$500 (plus 18% gratuity). Contact your Guest Relations Manager for availability and reservations. *Additional boats available upon request.

Special Event: Artist in Residence Welcome Reception – Meet a local artist to Ocean House with a welcome reception held in their honor.

September 10-16, 2017

Spa

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm in the pool.

Children's Swim: Children's swim time is daily from 10-4pm and after 6pm.

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Healthy Heart: A 50 minute circuit of resistance training and interval-based cardio followed by a yoga stretch series.

Virtual Rise & Shine Yoga: Strength-focused, challenging workout with only the calm that only yoga delivers.

Virtual Fusion Yoga: 35 minute fusion of yoga and pilates.

 Virtual Zumba: Zumba combines high energy and

 motivating music with unique moves and

 combinations that allows Zumba participants to dance

 away their worries.

Virtual Total Body Burn: Get your heart rate going with this definition workout.

Family Fitness: Enjoy working out as a family with our instructor Beth.

Family Beach Walk: Enjoy an early morning walk along the beach to get exercise and to see what is along shoreline.

FOR RESERVATIONS PLEASE CALL 401 584 7000 🔋 24 HOUR CANCELLATION POLICY ON ALL OH! SPA AND FARM+VINE CLASSES

Resort Actinities

September 17-23, 2017

SUN	MON	TUE	WED	тни	FRI	SAT
8 a.m. – Tai Chi 17	18	19	20	21	22	23
8 a.m 2:30 p.m. – Sunday Jazz Brunch	8:00 a.m. – Family Fitness with Beth	8:30 a.m. – VT Fusion Yoga	9 a.m. – VT Rise & Shine Yoga	8:30 a.m. – Yoga with Jennifer	8 a.m. –Cardio Sculpt	8 a.m. – Tai Chi
Jazz Brunch 9:30 a.m. –Yoga with Chrissy 11 a.m.—Croquet Clinic 12 p.m. – Movie Screening, <i>Cars</i> 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Afternoon Refreshments 3-5 p.m. – Afternoon Tea 4 p.m. – Movie Screening, <i>The Love Bug</i> 4:30 p.m. – Wine & Culinary Arts Class: "Wines of California" 6:30-11 p.m. – Pianist, Al Copley Sandcastles – 9:00am – 1:00pm Dandy – 11:00, 2:00 pm, and 5:00 pm	 Fitness with Beth⁷ 12 p.m. – Movie Screening, Secretariat 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Afternoon Refreshments 4 p.m. – Movie Screening, <i>The</i> <i>Rookie</i> 4 p.m. – VT Heart Healthy 4:30 p.m. – Wine & Culinary Arts Class: "Cocktail Class" 	 Fusion Yoga 12 p.m. – Movie Screening, <i>The</i> <i>Greatest Game Ever</i> <i>Played</i> 3 p.m. – Afternoon Refreshments 3 p.m. – Wine & Culinary Arts Class: "Knife Care & Sharpening Class" 4 p.m. – VT Total Body Burn 4 p.m. – Movie Screening, <i>Chariots</i> <i>of Fire</i> 4:30 p.m. –Wine & Culinary Arts Class: "Wines of the New World" 			 8 a.m. – Cardio Scuipt 10 a.m. – Croquet Clinic 11 a.m. – Wine & Culinary Arts Class: "Huevos Rancheros" 12 p.m. – Movie Screening, <i>The Mighty Ducks 2</i> 2 p.m. – Guided Tour of the Ocean House 4 p.m. – Movie Screening, <i>Pride</i> 3 p.m. – Afternoon Refreshments 3-5 p.m. – Afternoon Tea 3:00 p.m. – Wine & Culinary Arts Class: "Scratch Clam Chowder" 4 p.m. – Movie Screening, <i>Pride</i> 4 p.m. – VT Fusion Yoga 4 p.m. – Spirits 101 4 p.m. – Movie Screening, <i>Pride</i> 4.30 p.m. – Wine & Culinary Arts Class: "Cocktail Class" Dandy – 11:00, 2:00 pm, and 5:00 pm 	 9:30 a.m. – Cardio Sculpt 12 p.m. – Movie Screening, <i>The Mighty Ducks 3</i> 2 p.m. – Guided Tour of the Ocean House 3 p.m. – Afternoon Refreshments 3-5 p.m. – Afternoon Tea 4 p.m. – Movie Screening, <i>Race</i> 4:30 p.m. – Wine & Culinary Arts Class: "Off The Beaten Track Wines" 6:30-11 p.m. – Pianist, Al Copley Sandcastles – 9:00am – 1:00pm Dandy – 11:00, 2:00 pm, and 5:00 pm Special Event: 1 .p.m. In The Kitchen: Grafton Cheese Flights Special Event: 5.p.m. Artist in Residence Welcome Reception

Activity Descriptions

September 17-23, 2016

Farm + Vin

How to Make a Mean Martini: Learn how to make classic cocktails with our Club Room Bartenders. Located in our Club Room.

Wine & Culinary Arts Classes with OH Sommelier & Food Forager – Explore and taste wines or create seasonal dishes with our expert Sommelier or Food Forager.

Spirits 101 – Enjoy an educational experience in our Club Room as our Bartenders discuss the origins and uses of a particular spirit.

Jazz Brunch–Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of buffet items. The Greg Piccolo Trio performs in the hotel lobby. *\$62.00/ adult; \$25.00/ child (plus tax and gratuity)*

Special Event: In The Kitchen – *Grafton Cheese Flights* – Join Meri Spicer from Grafton Cheese along with the Ocean House's Food Forager & Director of Culinary Education for an afternoon learning about cheese. *\$75 per guests, plus tax.*

Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *\$24/Afternoon Tea, \$38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in our Bistro Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager, Mark Szaro. Please check in with the front desk.

Pianist: Pianist Al Copley performs in the lobby.

Movie Screenings: Join us in our Screening Room for a movie classic with complimentary popcorn! Children under the age of 15 must be accompanied by an adult.

Croquet: Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts not available on Monday and Tuesday.

Cruises: Enjoy two-hour cruises on our classic boats. Cruises depart Wednesday-Sunday at 11 a.m., 2 p.m., 5:00 p.m. *Day cruise* \$400; *Sunset cruise* \$500 (*plus 18% gratuity*). *Contact your Guest Relations Manager for availability and reservations.* *Additional boats available upon request.

Special Event: Artist in Residence Welcome Reception – Meet a local artist to Ocean House with a welcome reception held in their honor. Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm in the pool.

Spa

Children's Swim: Children's swim time is daily from 10-4pm and after 6pm.

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Healthy Heart: A 50 minute circuit of resistance training and interval-based cardio followed by a yoga stretch series.

Virtual Rise & Shine Yoga: Strength-focused, challenging workout with only the calm that only yoga delivers.

Virtual Fusion Yoga: 35 minute fusion of yoga and pilates.

Virtual Zumba: *Zumba* combines high energy and motivating music with unique moves and combinations that allows *Zumba* participants to dance away their worries.

Virtual Total Body Burn: Get your heart rate going with this definition workout.

Family Fitness: Enjoy working out as a family with our instructor Beth.

Family Beach Walk: Enjoy an early morning walk along the beach to get exercise and to see what is along shoreline.

Resort Activities

September 24-30, 2017

Activity Descriptions

FARM + VINE

How to Make a Mean Martini: Learn how to make classic cocktails with our Club Room Bartenders. Located in our Club Room.

Wine & Culinary Arts Classes with OH Sommelier & Food Forager – Explore and taste wines or create seasonal dishes with our expert Sommelier or Food Forager.

Spirits 101 – Enjoy an educational experience in our Club Room as our Bartenders discuss the origins and uses of a particular spirit.

Jazz Brunch–Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of buffet items. The Greg Piccolo Trio performs in the hotel lobby. *\$62.00/ adult; \$25.00/ child (plus tax and gratuity)*

Special Event: Movie Night– *Wizard of Oz.* Beginning at 6 p.m., enjoy candy, gelato and freshly popped popcorn while viewing a family classic film in our Below Deck Screening Room. *\$10/guest, plus tax & gratuity.*

Resort

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *\$24/Afternoon Tea, \$38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in Seasons Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager, Mark Szaro. Please check in with the front desk.

Pianist: Pianist Al Copley performs in the lobby.

Movie Screenings: Join us in our Screening Room for a movie classic with complimentary popcorn! Children under the age of 15 must be accompanied by an adult.

Croquet: Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request. Croquet Courts not available on Monday and Tuesday.

Cruises: Enjoy two-hour cruises on our classic boats. Cruises depart Wednesday-Sunday at 11a.m., 2 p.m., 5:00 p.m. *Day cruise* \$400; *Sunset cruise* \$500 (*plus 18% gratuity*). *Contact your Guest Relations Manager for availability and reservations.* *Additional boats available upon request.

Special Event: Artist in Residence Welcome Reception – Meet a local artist to Ocean House with a welcome reception held in their honor.

Spa

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm in the pool.

Children's Swim: Children's swim time is daily from 10-4pm and after 6pm.

Tai Chi: As the most well-known of China's martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Healthy Heart: A 50 minute circuit of resistance training and interval-based cardio followed by a yoga stretch series.

Virtual Rise & Shine Yoga: Strength-focused, challenging workout with only the calm that only yoga delivers.

Virtual Fusion Yoga: 35 minute fusion of yoga and pilates.

Virtual Zumba: *Zumba* combines high energy and motivating music with unique moves and combinations that allows *Zumba* participants to dance away their worries.

Virtual Total Body Burn: Get your heart rate going with this definition workout.

Family Fitness: Enjoy working out as a family with our instructor Beth.

Family Beach Walk: Enjoy an early morning walk along the beach to get exercise and to see what is along shoreline.