

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|--|---|---|--|
| | | | 1 | 2 | 3 | 4 |
| | | | <p>9:00 a.m. -VT Fusion Yoga</p> <p>3:00 p.m. -VT Total Body Burn</p> <p>3 p.m. - Movie Screening, <i>The Wizard of Oz</i></p> <p>4:30 p.m. - Wine & Culinary Arts Class: Local Wines: Local Wines</p> | <p>8:30 a.m. - Rise & Shine Yoga</p> <p>11:00 a.m. - Wine & Culinary Arts Class: Organic Breakfast</p> <p>12 p.m. - Movie Screening, <i>Oklahoma!</i></p> <p>2 p.m. - Guided Tour of the Ocean House</p> <p>3 p.m. - Movie Screening, <i>Carousel</i></p> <p>3:00 p.m. -Wine & Culinary Arts Class: "Cooking with the Ocean House Chefs"</p> <p>3 p.m. - Afternoon Refreshments</p> <p>3 p.m. - VT Healthy Heart</p> <p>4 p.m. - How to Make a Mean Martini</p> <p>4:30 p.m. - Wine & Culinary Arts Class: Local Wines: Iconic Styles of Wine</p> | <p>8 a.m. -Body Sculpt</p> <p>11:00 a.m. -Wine & Culinary Arts Class: "Medieval Cuisine" with the Food Forager</p> <p>12 p.m. - Movie Screening, <i>The King & I</i></p> <p>2 p.m. - Guided Tour of the Ocean House</p> <p>3:00 p.m. -Wine & Culinary Arts Class: "Traditional Pasta Carbonara"</p> <p>3 p.m. - Movie Screening, <i>South Pacific</i></p> <p>3 p.m. - Afternoon Refreshments</p> <p>3-5 p.m. - Afternoon Tea</p> <p>4 p.m. - Spirits 101</p> <p>4 p.m. - VT Zumba</p> <p>4.30 p.m. -Wine & Culinary Arts Class: "Wines of Southern Rhone"</p> <p>6:30-11 p.m. - Pianist, Michael Campbell</p> | <p>8 a.m. - Tai Chi</p> <p>9:30 a.m. - Body Sculpt</p> <p>12 p.m. - Movie Screening, <i>The Sound of Music</i></p> <p>2 p.m. - Guided Tour of the Ocean House</p> <p>3:00 p.m. -Wine & Culinary Arts Class: "Cheese Tasting" with the Food Forager</p> <p>3 p.m. - Movie Screening, <i>State Fair</i></p> <p>3 p.m. - Afternoon Refreshments</p> <p>3-5 p.m. - Afternoon Tea</p> <p>4:30 p.m. - Wine & Culinary Arts Class: "Sparkling Wine"</p> <p>6:30-11 p.m. - Pianist, Michael Campbell</p> |

FARM + VINE

How to Make a Mean Martini: Learn how to make classic cocktails with our Club Room Bartenders. Located in our Club Room.

Wine & Culinary Arts Classes with OH Sommelier – Explore and taste wines with our expert Sommelier in our Wine Cellar.

Wine & Culinary Arts Classes with our Food Forager, Paul McComiskey– Join Chef Paul in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

Spirits 101 – Enjoy an educational experience in our Club Room as our Bartenders discuss the origins and uses of a particular spirit.

Jazz Brunch– Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of additional buffet items. The Greg Piccolo Trio performs in the hotel lobby. \$62.00/ adult; \$25.00/ child (plus tax and gratuity)

RESORT

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. \$24/Afternoon Tea, \$38/Royal Tea; Reservations required.

Afternoon Refreshments: Join us in Seasons Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager, Mark Szaro. Meet at the Living Room Fireplace.

Croquet: Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request.

Croquet Courts not available on Monday and Tuesday

Pianist: Pianist Michael Campbell performs in the lobby.

Movie Screenings: Join us in our Screening Room for a movie classic with complimentary popcorn and refreshments!

SPA

***Please note that for all spa activities, reservations are strongly suggested**

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm in the pool.

Tai Chi: As the most well-known of China’s martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Healthy Heart: A 50 minute circuit of resistance training and interval-based cardio followed by a yoga stretch series.

Rise & Shine Yoga: Strength-focused, challenging workout with only the calm that only yoga delivers.

Virtual Fusion Yoga: 35 minute fusion of yoga and pilates.

Virtual Zumba: Zumba combines high energy and motivating music with unique moves and combinations that allows Zumba participants to dance away their worries.

Virtual Total Body Burn: Get your heart rate going with this definition workout.

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|-----|-----|---|---|--|---|
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| <p>8:00 a.m. – Tai Chi</p> <p>8:00am – 2:30pm – Jazz Brunch</p> <p>9:30 a.m. – Rise & Shine Yoga</p> <p>10:00 a.m. – Wine & Culinary Arts Class: “Knife Care & Sharpening Skills”</p> | | | <p>9:00 a.m. –VT Fusion Yoga</p> <p>3:00 p.m. –VT Total Body Burn</p> <p>3 p.m. – Movie Screening, <i>The Wizard of Oz</i></p> <p>3:00 p.m. –Wine & Culinary Arts Class: “What’s In Season?”</p> <p>4:30 p.m. – Wine & Culinary Arts Class: Local Wines: Local Wines</p> | <p>8:30 a.m. – Rise & Shine Yoga</p> <p>11:00 a.m. – Wine & Culinary Arts Class: “Organic Breakfast”</p> <p>12 p.m. – Movie Screening, <i>Oklahoma!</i></p> <p>2 p.m. – Guided Tour of the Ocean House</p> <p>3 p.m. – Movie Screening, <i>Carousel</i></p> <p>3:00 p.m. –Wine & Culinary Arts Class: “Cooking With the Ocean House Chefs”</p> <p>3 p.m. – Afternoon Refreshments</p> <p>3 p.m. – VT Healthy Heart</p> <p>4:00 p.m. – How to Make a Mean Martini</p> <p>4:30 p.m. – Wine & Culinary Arts Class: “Iconic Styles of Wine”</p> | <p>8 a.m. –Body Sculpt</p> <p>11:00 a.m. –Wine & Culinary Arts Class: “Medieval Cuisine”</p> <p>12 p.m. – Movie Screening, <i>The King & I</i></p> <p>2 p.m. – Guided Tour of the Ocean House</p> <p>3:00 p.m. –Wine & Culinary Arts Class: “Traditional Pasta Carbonara”</p> <p>3 p.m. – Movie Screening, <i>South Pacific</i></p> <p>3 p.m. – Afternoon Refreshments</p> <p>3-5 p.m. – Afternoon Tea</p> <p>4 p.m. – Spirits 101</p> <p>4 p.m. – VT Zumba</p> <p>4.30 p.m. –Wine & Culinary Arts Class: “Wines of Southern Rhone”</p> <p>6:30-11 p.m. – Pianist, Michael Campbell</p> <p>Special Event: Vine + Wine – Wines of South America, 6.p.m</p> <p>Special Event: Valentine’s Day Dinner & Concert</p> | <p>8 a.m. – Tai Chi</p> <p>9:30 a.m. – Body Sculpt</p> <p>12 p.m. – Movie Screening, <i>The Sound of Music</i></p> <p>2 p.m. – Guided Tour of the Ocean House</p> <p>3 p.m. – Movie Screening, <i>State Fair</i></p> <p>3 p.m. – Afternoon Refreshments</p> <p>3-5 p.m. – Afternoon Tea</p> <p>4:30 p.m. – Wine & Culinary Arts Class: “Sparkling Wine”</p> <p>Special Event: Vine + Wine – Wines of South America, 11 a.m.</p> <p>Special Event: In the Kitchen – All Things Chocolate with Sift Bakery Owner Adam Young, 1 p.m.</p> <p>Special Event: Black & White Masquerade Ball to benefit the Ocean Community Chamber of Commerce, 7 p.m.</p> |

FARM + VINE

How to Make a Mean Martini: Learn how to make classic cocktails with our Club Room Bartenders. Located in our Club Room.

Wine & Culinary Arts Classes with OH Sommelier – Explore and taste wines with our expert Sommelier in our Wine Cellar.

Wine & Culinary Arts Classes with our Food Forager, Paul McComiskey– Join Chef Paul in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

Spirits 101 – Enjoy an educational experience in our Club Room as our Bartenders discuss the origins and uses of a particular spirit.

Jazz Brunch– Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of additional buffet items. The Greg Piccolo Trio performs in the hotel lobby. *\$62.00/ adult; \$25.00/ child (plus tax and gratuity)*

Special Event: Vine+Wine Series: Wines of South America Learn about the distinctive qualities of these wine with the Ocean House Sommelier. *\$65.00/Adults (plus tax and gratuity)*

Special Event: In The Kitchen – All Things Chocolate, with Sift Bakery Owner, Chef Adam Young Learn about all things chocolate in this joint, interactive program with Chef Adam and our Food Forager & Director of Culinary Education. *\$75.00/Adults (plus tax)*

RESORT

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *\$24/Afternoon Tea, \$38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in Seasons Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager, Mark Szaro. Meet at the Living Room Fireplace.

Croquet: Learn the basics of the classic game with Ocean House Croquet Professional Stephen Morgan. Private Lessons are available upon request.

Croquet Courts not available on Monday and Tuesday

Pianist: Pianist Michael Campbell performs in the lobby.

Movie Screenings: Join us in our Screening Room for a movie classic with complimentary popcorn and refreshments!

Special Event: Valentine’s Day Dinner & Concert with Scott Dreier Enjoy a four course set dinner in Seasons, followed by a dessert buffet and performance of love songs performed by Scott Dreier. *\$125(plus tax and gratuity) for dinner and concert – reservations required.*

Special Event: Black & White Masquerade Ball in honor of Ocean Community Chamber of Commerce A Great Gatsby themed party held throughout the hotel with music, food and dancing.

SPA

***Please note that for all spa activities, reservations are strongly suggested**

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm in the pool.

Tai Chi: As the most well-known of China’s martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Healthy Heart: A 50 minute circuit of resistance training and interval-based cardio followed by a yoga stretch series.

Rise & Shine Yoga: Strength-focused, challenging workout with only the calm that only yoga delivers.

Virtual Fusion Yoga: 35 minute fusion of yoga and pilates.

Virtual Zumba: Zumba combines high energy and motivating music with unique moves and combinations that allows Zumba participants to dance away their worries.

Virtual Total Body Burn: Get your heart rate going with this definition workout.

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|-----|-----|---|---|---|--|
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| <p>8:00 a.m. – Tai Chi</p> <p>8:00am – 2:30pm – Jazz Brunch</p> <p>9:30 a.m. – Rise & Shine Yoga</p> <p>10:00 a.m. – Wine & Culinary Arts Class: Knife Care & Sharpening Skills</p> | | | <p>9:00 a.m. –VT Fusion Yoga</p> <p>3:00 p.m. –VT Total Body Burn</p> <p>3 p.m. – Movie Screening, <i>The Wizard of Oz</i></p> <p>3:00 p.m. –Wine & Culinary Arts Class: “What’s In Season?”</p> <p>4:30 p.m. – Wine & Culinary Arts Class: Local Wines: Local Wines</p> | <p>8:30 a.m. – Rise & Shine Yoga</p> <p>11:00 a.m. – Wine & Culinary Arts Class: “Organic Breakfast”</p> <p>12 p.m. – Movie Screening, <i>Oklahoma!</i></p> <p>2 p.m. – Guided Tour of the Ocean House</p> <p>3 p.m. – Movie Screening, <i>Carousel</i></p> <p>3:00 p.m. –Wine & Culinary Arts Class: “Cooking with the Ocean House Chefs”</p> <p>3 p.m. – Afternoon Refreshments</p> <p>3 p.m. – VT Healthy Heart</p> <p>4:00 p.m. – How to Make a Mean Martini</p> <p>4:30 p.m. – Wine & Culinary Arts Class: “Iconic Styles of Wine”</p> | <p>8 a.m. –Body Sculpt</p> <p>11:00 a.m. –Wine & Culinary Arts Class: “Medieval Cuisine”</p> <p>12 p.m. – Movie Screening, <i>The King & I</i></p> <p>2 p.m. – Guided Tour of the Ocean House</p> <p>3 p.m. – Movie Screening, <i>South Pacific</i></p> <p>3 p.m. – Afternoon Refreshments</p> <p>3:00 p.m. –Wine & Culinary Arts Class: “Traditional Pasta Carbonara”</p> <p>3-5 p.m. – Afternoon Tea</p> <p>4 p.m. – Spirits 101</p> <p>4 p.m. – VT Zumba</p> <p>4.30 p.m. –Wine & Culinary Arts Class: “Wines of Southern Rhone”</p> <p>6:30-11 p.m. – Pianist, Michael Campbell</p> | <p>8 a.m. – Tai Chi</p> <p>9:30 a.m. – Body Sculpt</p> <p>12 p.m. – Movie Screening, <i>The Sound of Music</i></p> <p>2 p.m. – Guided Tour of the Ocean House</p> <p>3 p.m. – Movie Screening, <i>State Fair</i></p> <p>3 p.m. – Afternoon Refreshments</p> <p>3-5 p.m. – Afternoon Tea</p> <p>4:30 p.m. – Wine & Culinary Arts Class: “Sparkling Wine”</p> <p>6:30-11 p.m. – Pianist, Michael Campbell</p> |

FARM + VINE

How to Make a Mean Martini: Learn how to make classic cocktails with our Club Room Bartenders. Located in our Club Room.

Wine & Culinary Arts Classes with OH Sommelier – Explore and taste wines with our expert Sommelier in our Wine Cellar.

Wine & Culinary Arts Classes with our Food Forager, Paul McComiskey– Join Chef Paul in the Center for Wine and Culinary Arts as he creates and tastes delicious dishes inspired by the season.

Spirits 101 – Enjoy an educational experience in our Club Room as our Bartenders discuss the origins and uses of a particular spirit.

Jazz Brunch– Enjoy our popular brunch of classic breakfast items and lunch fare, plus a variety of additional buffet items. The Greg Piccolo Trio performs in the hotel lobby. *\$62.00/ adult; \$25.00/ child (plus tax and gratuity)*

RESORT

Afternoon Tea: Enjoy tea in the Living Room while Faith Leitner performs on the harp. *\$24/Afternoon Tea, \$38/Royal Tea; Reservations required.*

Afternoon Refreshments: Join us in Seasons Lounge each day for complimentary treats and beverages.

Guided Tour of the Ocean House: Take a guided tour of the property with Club Room Manager, Mark Szaro. Meet at the Living Room Fireplace.

Pianist: Pianist Michael Campbell performs in the lobby.

Movie Screenings: Join us in our Screening Room for a movie classic with complimentary popcorn and refreshments!

SPA

***Please note that for all spa activities, reservations are strongly suggested**

Adult Swim: Adult-only swim time daily from 8-10am and 4-6pm in the pool.

Tai Chi: As the most well-known of China’s martial arts, the slow, circular-focusing movements relax muscles while promoting proper core alignment and balance.

Healthy Heart: A 50 minute circuit of resistance training and interval-based cardio followed by a yoga stretch series.

Rise & Shine Yoga: Strength-focused, challenging workout with only the calm that only yoga delivers.

Virtual Fusion Yoga: 35 minute fusion of yoga and pilates.

Virtual Zumba: *Zumba* combines high energy and motivating music with unique moves and combinations that allows *Zumba* participants to dance away their worries.

Virtual Total Body Burn: Get your heart rate going with this definition workout.

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|-----|---|-----|-----|-----|-----|
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| <p>8:00 a.m. – Tai Chi</p> <p>8:00am – 2:30pm – Brunch</p> <p>9:30 a.m. – Rise & Shine Yoga</p> <p>10:00 a.m. – Wine & Culinary Arts Class: Knife Care & Sharpening Skills</p> | | <p>Ocean House will be closed for renovations through March 15th, 2017.</p> | | | | |

