

THE BUZZ OF IBIZA
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AHH-MAZING
Six of the best spa treatments

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Treasure Island
Tara Getty's search for the
lost gold of Lima

PLUS
SWIMMING WITH
WHALE SHARKS
IN THE MALDIVES

Six of the best

Spa treatments



MEDITERRANEAN ORANGES WRAP

Orange essence stars in this revitalizing ritual at the cliff-top Talise Spa in the Jumeirah hotel in Sóller, Mallorca, where exfoliation and massage are also on the menu. jumeirah.com

HISHUK ISH TSAWALK AWAKENING TREATMENT

Inspired by the traditional cleansing ceremonies of West Coast Vancouver Island's indigenous people, this Ancient Cedars Spa treatment at Canada's Wickaninnish Inn includes a seaweed body polish exfoliation, hot- and cold-water therapy and local basalt stone massage. wickinn.com



OCEAN DREAMING MASSAGE

While you float on a calm turquoise sea in Australia, a One&Only Hayman Island masseuse creates waves on your body. Your cares will surely drift away...as long as you remember to apply sunscreen. oneandonlyresorts.com



MULADHARA

A Balinese kemenyan smoke ceremony, singing bowls and deep massage using locally grown ginger and cinnamon feature in this Four Seasons Sayan ritual, which opens your root chakra to the earth to release negativity and promote good health. fourseasons.com/sayan/



BOLUS BAG MASSAGE

Detox and rejuvenate your skin while alleviating pesky bouts of insomnia during an Ayurvedic treatment, which uses warm, medicated oil and boiled herbal bundles, at the Peter Island Resort & Spa in the BVIs. peterisland.com



SECOND YOUTH SEA FACIAL

Travel back in time during this anti-aging facial, which incorporates marine sugars, firming nutrients and stimulating massage amid the Rhode Island hilltop grandeur of Ocean House, a recreated Victorian hotel. oceanhouseri.com